

## ESCAPE, RELAX, REJUVENATE

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*Frangipani Spa by Queen's Gardens Resort is the one and only spa on our pristine island, Saba.*

*We offer a wide variety of spa treatments. Including full body massages, body wraps, manicures, and pedicures.*

*Our spa is fully equipped with a Finnish Sauna, a Turkish Steam Bath, a Jacuzzi, Herbal Facial Aroma Pots, a Waterfall Shower, a Relaxation Area, and an outdoor Swimming Pool.*

*The Frangipani Spa uses Nectar, its own brand of organic body products especially designed and produced by Nalia of St. Maarten exclusively for Frangipani Spa.*

*It is time to get pampered at the spa, where it is all about you! Book your appointment today!*



Frangipani Spa  
Tel: +599 416 3494  
E-mail: [Info@queensaba.com](mailto:Info@queensaba.com)



### FRANGIPANI SPA QUEEN'S GARDENS RESORT

Troy Hilldrive 1  
The Bottom, Saba Island  
Dutch Caribbean

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## SPA MENU



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# FRANGIPANI SPA



Frangipani massage and body treatments are designed with your specific needs in mind. You may have just arrived on the island after a long journey or maybe you are already enjoying your stay at your hotel. Whether you need a calming or an energizing experience, we have the remedy for you. Your therapist will specifically

tailor your treatment to your needs including your preferred pressure and inquiring about any concerns.

To make your spa experience an even more indulgent experience, Frangipani Spa is equipped with:

-  Finnish Sauna
-  Turkish Steam Bath
-  Jacuzzi
-  Herbal Facial Aroma Pots
-  Waterfall Shower
-  Relaxation Area
-  Swimming Pool

After your treatment, we have a special spa lunch menu available during restaurant hours including fruit shakes and super food salads.

To book your spa appointment, please call (+599 416 3494) or E-mail us at [Info@queensaba.com](mailto:Info@queensaba.com).

# SPA MENU 2014/2015

<b>Back and Neck Massage</b> (30 min) This is a relaxing massage therapy that concentrates on the back, neck, and shoulder muscles. You will feel energized.	\$ 65.00	<b>Mud Body Wrap</b> (40 min) Himalayan mud will help rid your body of toxins through metabolic stimulations. Cleanses and purifies the pores as well.	\$ 95.00
<b>Swedish Massage</b> (50 min) The original European full body massage to relax aching muscles, stimulate circulation, and eliminate toxins.	\$ 99.00	<b>Algae Body Wrap</b> (40 min) Warmed algae detoxifies the body and rebuilds collagen and elasticity of the skin. Helps fight the appearance of cellulite.	\$ 95.00
<b>Jet Lag Recovery Massage</b> (50 min) A rebalancing treatment that stimulates circulation, reduces swelling, and eases muscle tension. A traveler's must.	\$ 110.00	<b>Frangipani Body Scrub</b> (40 min) A Rejuvenating scrub with a mixture of oil and Caribbean brown sugar, removing all dead skin cells	\$ 85.00
<b>Frangipani Signature Massage</b> (50 min) This massage instantly relaxes you, releasing any physical or mental stress. Muscle pain and fatigues will melt away.	\$ 110.00	<b>Manicure</b> Shape and hydrate your nails and cuticles. Nail polish is optional.	\$ 40.00
<b>Hot Stone Therapy Massage</b> (50 min) A deluxe massage using Basalt stones will instill a deep level of calmness while relaxing tight muscles, removing tension, and dissolving stress. You will feel renewed and rejuvenated.	\$ 110.00	<b>Pedicure</b> Start with a Malay essential oil foot bath followed by Chinese reflexology. Shape and hydrate your nails and cuticles. Nail polish is optional.	\$ 45.00
<b>Deep Tissue Massage</b> (50 min) This powerful massage will bring your body back in balance by using slow, deep massage techniques with attention to your sore muscles. The result is an increase in circulation to remove any tension.	\$ 130.00		
<b>Four Hands Massage</b> (50 min, 24 hour notice) The ultimate indulgence! Two therapists will simultaneously work on your body.	\$ 220.00		
<b>Couples Massage</b> (50min, 24 hour notice) Have a frangipani signature massage with your partner side-by-side. On every couple's "bucket list".	\$ 220.00		



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**Open Tuesday through Sunday**  
**10am to 6pm**